



YOUR FIRST APPOINTMENT

We value your time and want to help make your first appointment as efficient as possible. Enclosed you will find our AtLast Medical Weight Loss Program patient paperwork. Please complete these forms and bring them with you to your first appointment.

Please also read and follow these instructions:

1. Bring the completed paperwork to your first visit.
2. We accept walk-ins. However, if you choose to make an appointment, please be on time. This allows us to make the best use of your time while being considerate of other patients.
3. We do not accept insurance for medical weight loss. Payment is due at the time of service. We accept cash, check, and all major credit cards.
4. We require that you have an EKG which will be done on your first visit. We ask that you do not wear body oil, lotion, or any product that could make your skin feel oily.
5. Bring all current medications you are taking. Please bring bottles and contents.
6. We require a urinalysis and blood work on all new patients.

If you have any questions or need to contact us for any reason, please call our office at 256-386-7774.

We look forward to helping you meet your weight loss goal!

“The weight is over!”